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News Release

FOR IMMEDIATE RELEASE

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Coventry Health Care Agrees to Acquire Concentra's Workers' Compensation Managed Care Services Businesses

Bethesda, Maryland (February 8, 2007) — Coventry Health Care, Inc. (NYSE: CVH) announced today that it has signed a definitive agreement to acquire Concentra, Inc.'s workers' compensation managed care services businesses. Concentra, founded in 1979 and headquartered in Addison, Texas, is a privately-owned national provider of healthcare services. Coventry will acquire Concentra's workers' compensation PPO, provider bill review, pharmacy benefit management, field case management, telephonic case management, and independent medical exam businesses, including FOCUS, First Script, and MetraComp. Concentra will retain ownership of all health centers and other unrelated businesses. In total, the workers' compensation managed care services businesses of Concentra generated approximately \$324 million in fee-based revenue in 2006.

"I am pleased to announce a significant transaction for our workers' compensation business," said Dale B. Wolf, Chief Executive Officer of Coventry. "Concentra's complementary businesses enhance our product portfolio to provide workers' compensation services to a broad array of customers. In addition, we look forward to continuing a long-term relationship with Concentra's health centers."

Coventry will acquire the Concentra businesses for \$387.5 million in an all-cash transaction expected to close in 90 to 180 days, subject to closing conditions, regulatory and other customary approvals. The transaction is projected to be slightly accretive to earnings in the first year after closing.

This press release contains forward-looking statements made pursuant to the safe harbor provisions of the Private Securities Litigation Reform Act of 1995. Forward-looking statements are defined as statements that are not historical facts and include those statements relating to future events or future financial performance. Actual performance may be significantly impacted by certain risks and uncertainties, including those described in Coventry's Annual Report on Form 10-K for the year ended December 31, 2005 and Coventry's Form 10-Q for the quarter ended September 30, 2006. Coventry undertakes no obligation to update or revise any forward-looking statements.

Coventry Health Care is a national managed health care company based in Bethesda, Maryland operating health plans, insurance companies, network rental, managed care and workers' compensation services companies. Coventry provides a full range of risk and fee-based managed care products and services, including HMO, PPO, POS, Medicare Advantage, Medicare Prescription Drug Plans, Medicaid, Workers' Compensation services and Network Rental to a broad cross section of individuals, employer and government-funded groups, government agencies, and other insurance carriers and administrators in all 50 states as well as the District of Columbia and Puerto Rico. More information is available on the Internet at www.cvty.com.